

- **Resources for Individuals in Active Addiction**
- These resources focus on immediate crisis intervention, treatment localization, and helping individuals take the first step toward stopping substance use.
- **Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline**
- **Website:** [SAMHSA Official Site](#)
- **Telephone:** 1-800-662-4357 (HELP) / Text your zip code to 435748 (HELP4U)
- **Description:** A 24/7, free, confidential treatment referral and information service providing local directives to treatment facilities, support groups, and community-based organizations. [\[1, 2\]](#)
- **FindTreatment.gov**
- **Website:** [FindTreatment.gov](#)
- **Telephone:** Operated via the SAMHSA helpline at 1-800-662-4357
- **Description:** A secure, government-vetted search engine to locate state-licensed providers for inpatient, outpatient, detox, and medication-assisted treatment (MAT) across America. [\[1, 2, 3\]](#)
- **988 Suicide & Crisis Lifeline**
- **Website:** [988 Lifeline](#)
- **Telephone:** Call or text 988
- **Description:** While heavily associated with mental health, 988 is fully equipped to handle severe substance use crises, overdose panic, and substance-induced emotional distress with live, compassionate counselors. [\[1, 2\]](#)